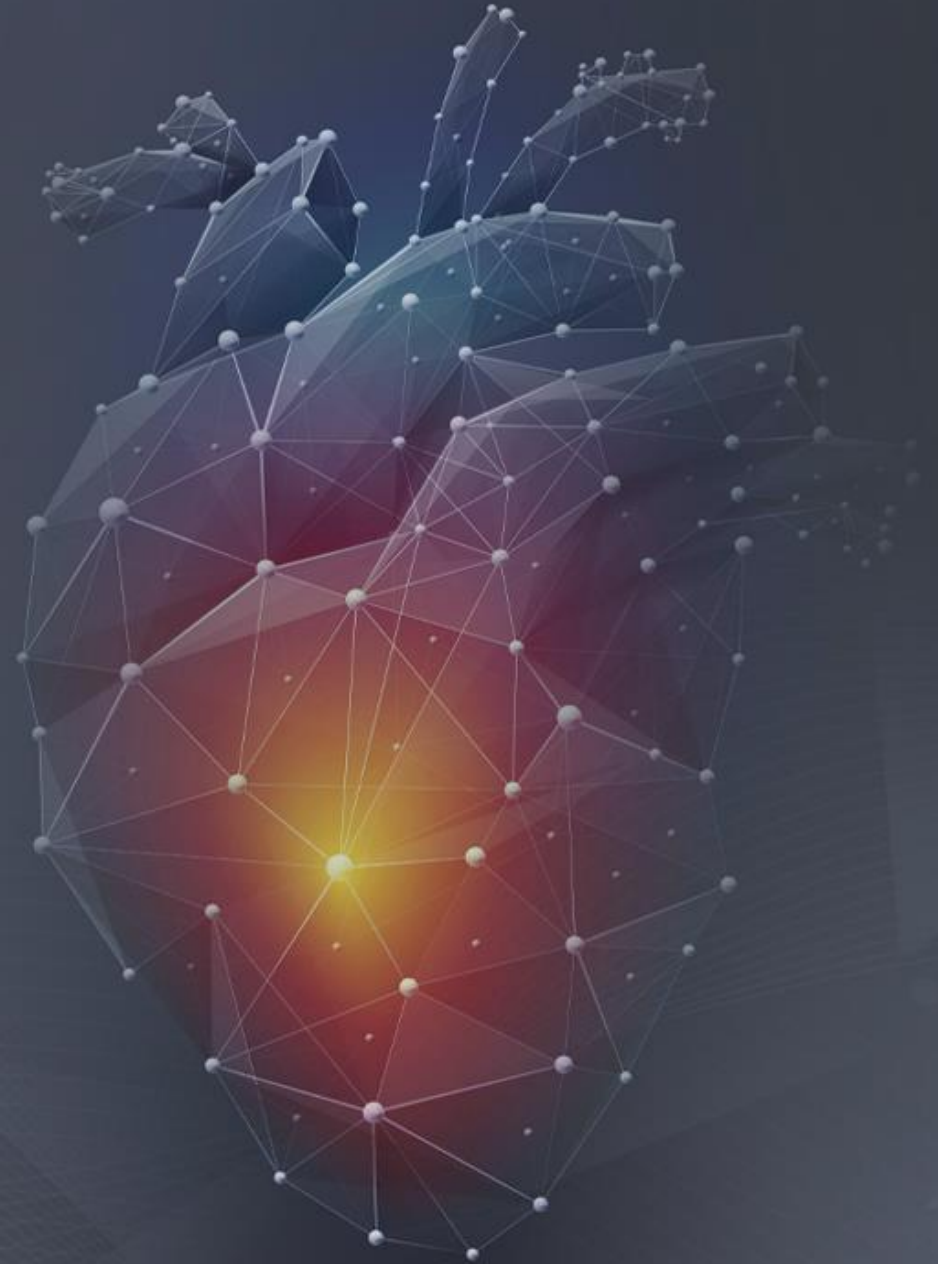


Navigating Vascular Protective Strategies in High- Risk Patients During the Current Era: Practical Applications

An Expert Case-Based Panel Discussion

Friday, June 12, 2020
6:00-7:00 pm ET



Planning Committee/Faculty



Subodh Verma (Chair)

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and Toxicology, University of Toronto
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Speaker Disclosures



- Speaker name: Dr. Subodh Verma
- Relationships with financial interests:
 - Grants/Research Support: Amarin, Amgen, AstraZeneca, Bayer, Boehringer Ingelheim, Bristol-Myers Squibb, HLS Therapeutics, Janssen, Merck
 - Speakers Bureau/Honoraria: AstraZeneca, Bayer, Boehringer Ingelheim, Eli Lilly, EOCI, HLS Therapeutics, Janssen, Merck, Novartis, Novo Nordisk, Sanofi, Sun Pharmaceuticals, TKTWG
 - Consulting Fees: Amgen, AstraZeneca, Bayer, Boehringer Ingelheim, Eli Lilly, HLS Therapeutics, Janssen, Merck, Novo Nordisk, Sanofi

Speaker Disclosures



- Speaker name: Dr. Claudia Bucci
- Relationships with financial interests:
 - Speakers Bureau/Honoraria: Astra Zeneca, Bayer
 - Consulting Fees: Amgen, HLS Therapeutics, Novartis

Speaker Disclosures



- Speaker name: Dr. Richard Choi
- Relationships with financial interests:
 - Research Support: AstraZeneca, Bayer
 - Speakers Bureau/Honoraria/Consulting fees: AstraZeneca, Bayer, Boehringer Ingelheim/Lilly, BMS/Pfizer, HLS, Novartis, Sanofi, Servier

Speaker Disclosures



- Speaker name: Dr. Anil Gupta
- Relationships with financial interests:

Consulting Fees/Speakers Bureau/Honoraria:

AstraZeneca, Bayer, Boehringer Ingelheim/Lilly, BMS/Pfizer, HLS,
Novartis, Sanofi, Servier

Disclosure of Commercial Support



This program has received from HLS Therapeutics Inc:

- Financial support in the form of an educational grant
- In-kind support for the logistical arrangements associated with the development of the program

HLS Therapeutics Inc benefits from the sale of a product that will be discussed in this program.

Accreditation



This event is not accredited.

Content was developed independently by the Planning Committee/Faculty with no influence by the program sponsor.



- 1 Review emerging strategies for managing persistent cardiovascular (CV) risk
- 2 Discuss considerations for managing high-risk patients in the current era: challenges and opportunities
- 3 Discuss practical applications for implementing vascular protective strategies during the current era through case studies

Agenda



Time	Topic	Speaker
6:00 pm	Welcome and Introductions	Dr Subodh Verma
6:05 pm	Case Discussion	Dr Subodh Verma Presenters: Dr Richard Choi, Dr Claudia Bucci, Dr Anil Gupta
6:40 pm	COVID-19: Patient Reengagement	Dr Subodh Verma Presenters: Dr Richard Choi, Dr Claudia Bucci, Dr Anil Gupta
6:50 pm	Q&A	Dr Subodh Verma (moderator)
7:00 pm	Close	

Send in your questions!



- Submit your questions for the symposium Q&A by clicking on the Q&A icon on your screen
- To direct your question to a specific speaker, please **include his/her name at the beginning of your question**

Case Discussion

Subodh Verma (Chair)

MD, PhD, FRCSC, FAHA

Cardiac Surgeon, St Michael's Hospital

Professor of Surgery, and Pharmacology and

Toxicology, University of Toronto

Canada Research Chair in Cardiovascular Surgery

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Case Presentation: Mr. RJ



- Mr. RJ 67-year-old retired fireman
- PMHx
 - Type 2 diabetes X 8 years
 - Hypertension
 - Dyslipidemia
 - Reformed smoker
 - PCI to LAD – 2 years ago for anterior STEMI
 - RCA 50%; OM 30-50%
 - LVEF = 57%; moderate diastolic dysfunction; Anterior WMA
 - Carotid ultrasound – 50% R ICA stenosis



Case Presentation: Mr. RJ *cont'd*



Symptoms	CCS II symptoms
Investigations	SR 65/min; BP 134/80; normal physical exam EKG Anterior Q waves; LVH Awaiting stress echo, but limited access to clinic/hospital for testing
Biochemistry	A1C = 7.3% LDL-C = 2.4 mM HDL = 1.2 mM TG = 2.3 mM CBC/lytes – Normal eGFR = 54 ml/min/1.73m ²



Medications



- ASA 81mg OD
- Ramipril 10mg OD
- Bisoprolol 5mg OD
- Atorvastatin 40mg OD
- Metformin 1g BID
- Sitagliptin 100mg OD





What is Mr. RJ's risk of recurrent events?

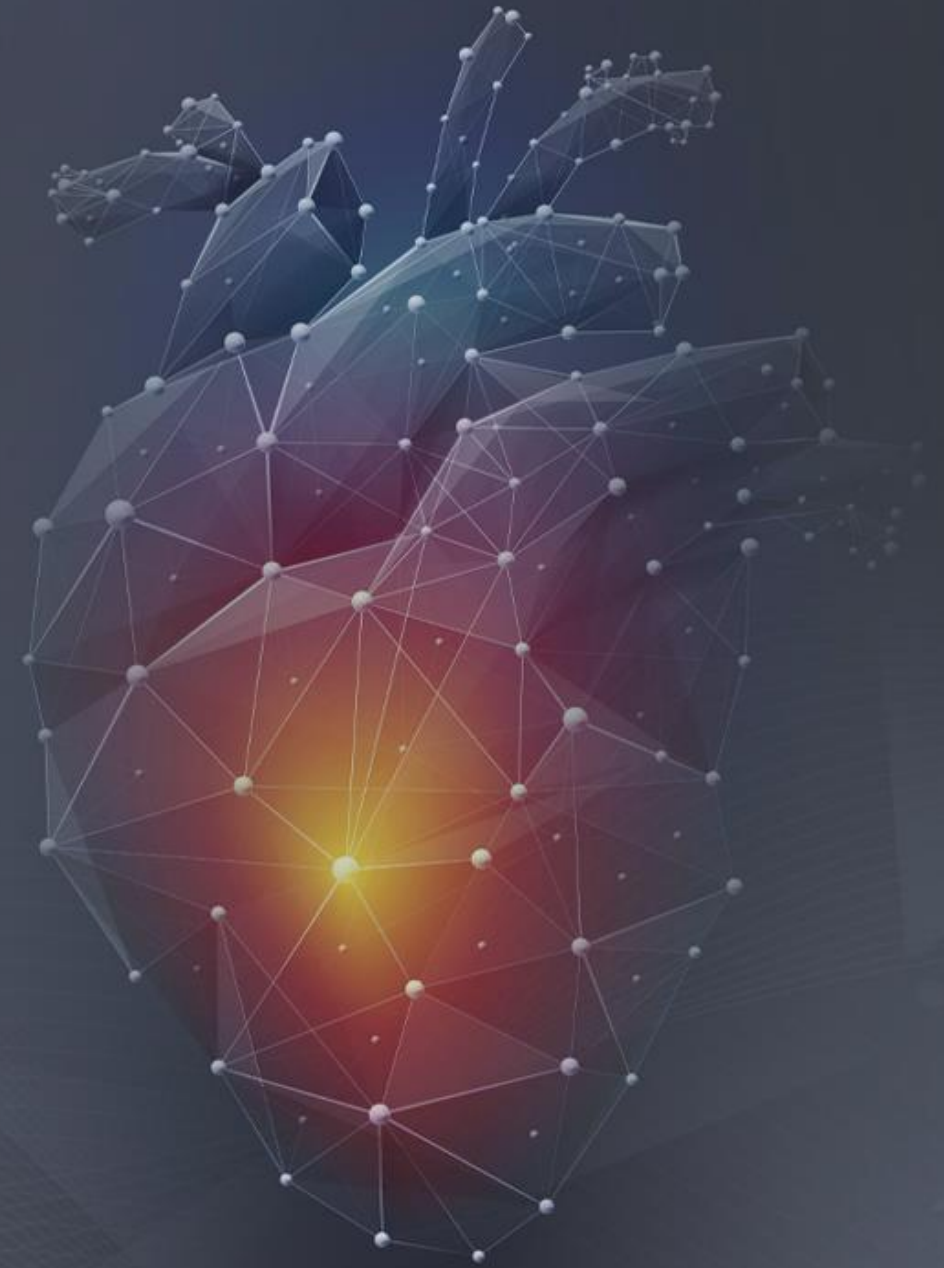


Richard Choi

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Unity Health Toronto

Lecturer, Department of Medicine,
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Toronto, ON



Risk of Recurrent Events



What is Mr. RJ's risk of recurrent events?

Multiple reasons for ↑ risk compared to others with ASCVD

Prior MI

Polyvascular disease (50% carotid stenosis)

Diabetes mellitus

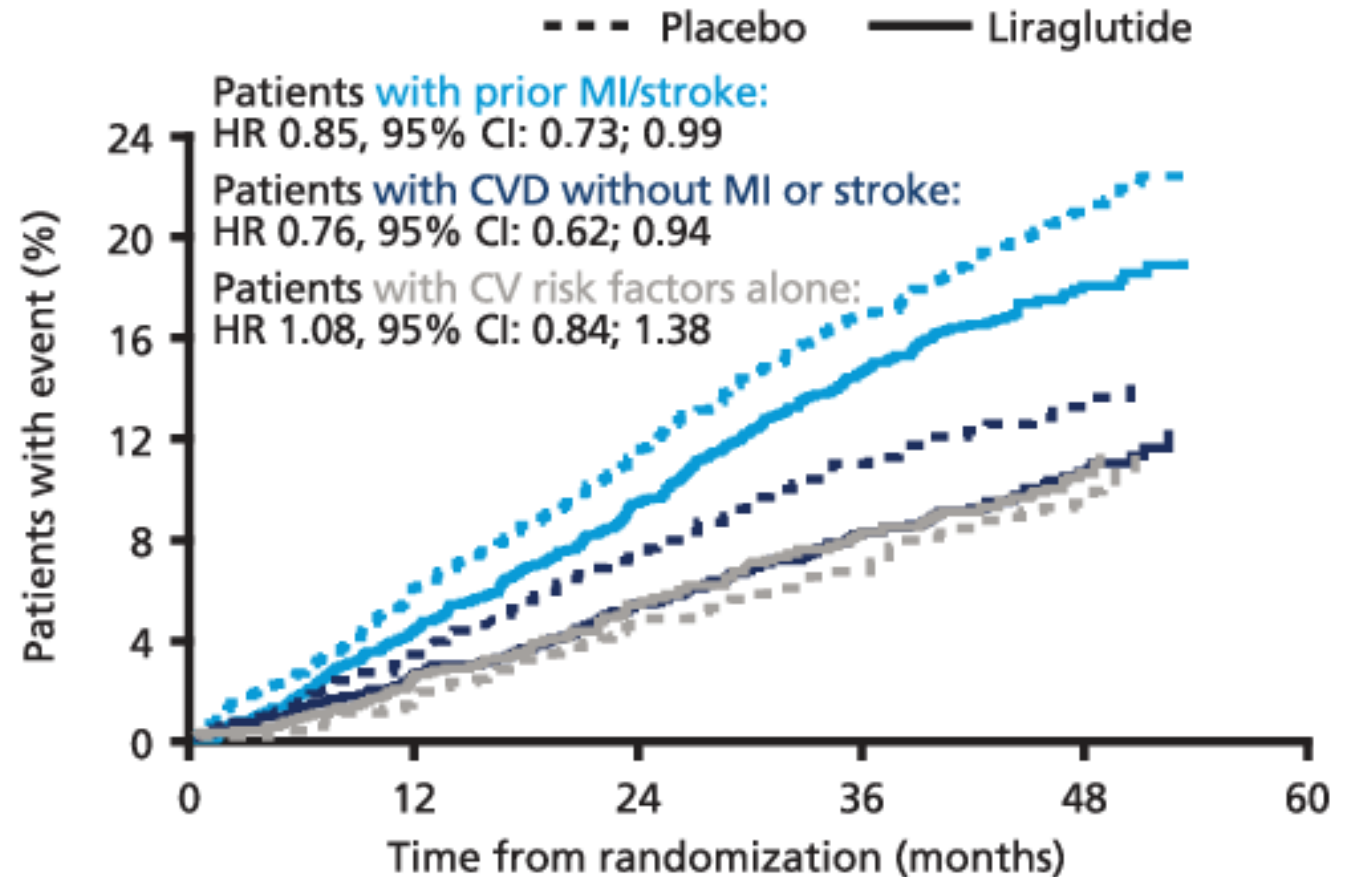
CKD (eGFR of 54)

LEADER - Effect of Liraglutide on MACE Endpoint - Post MI/stroke



- Post hoc analysis of CV death/MI/stroke
- Stratified according to multiple RF vs established ASCVD
- Established ASCVD further stratified by way of prior MI/stroke event vs other ASCVD

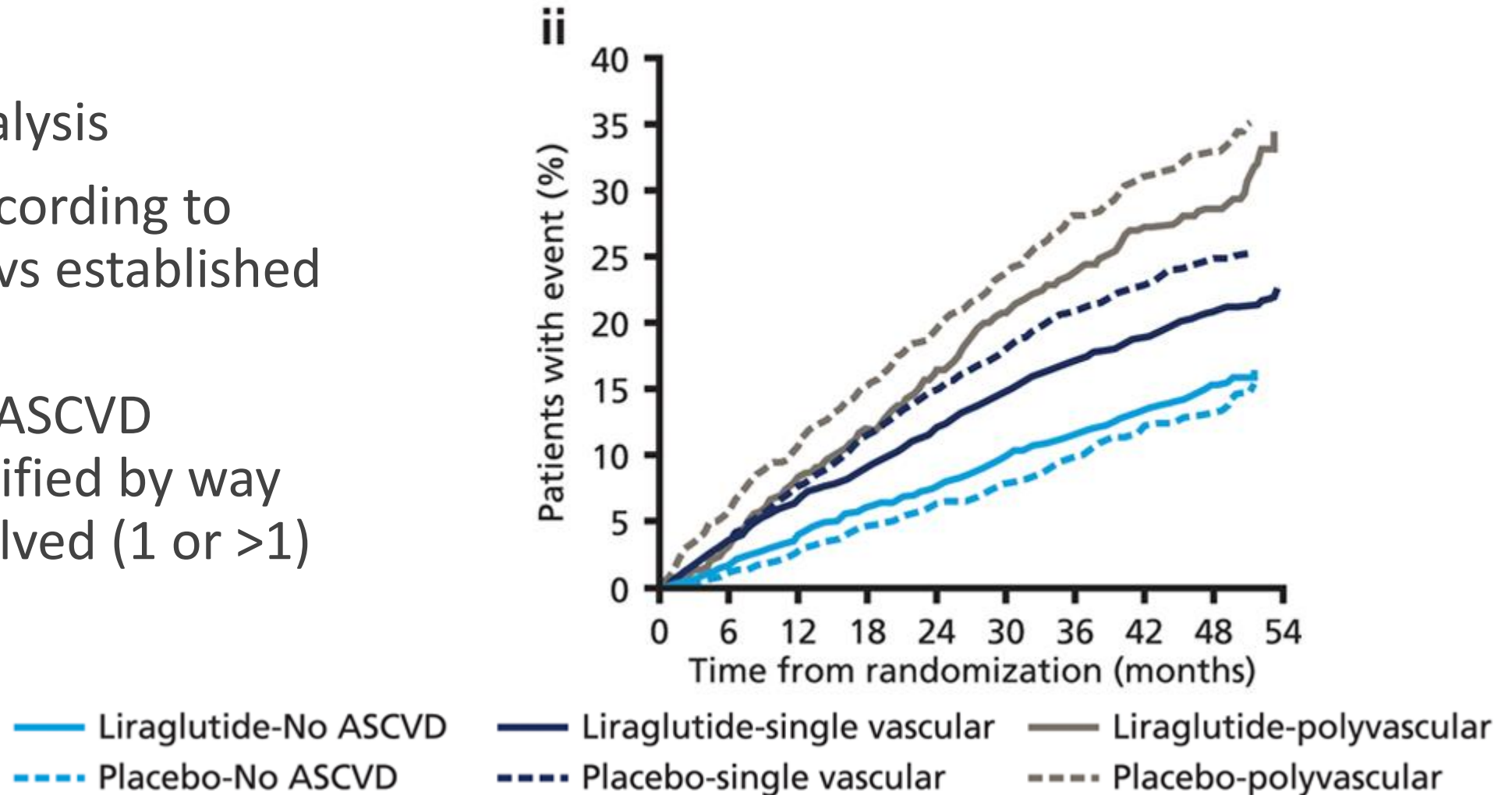
A Primary outcome



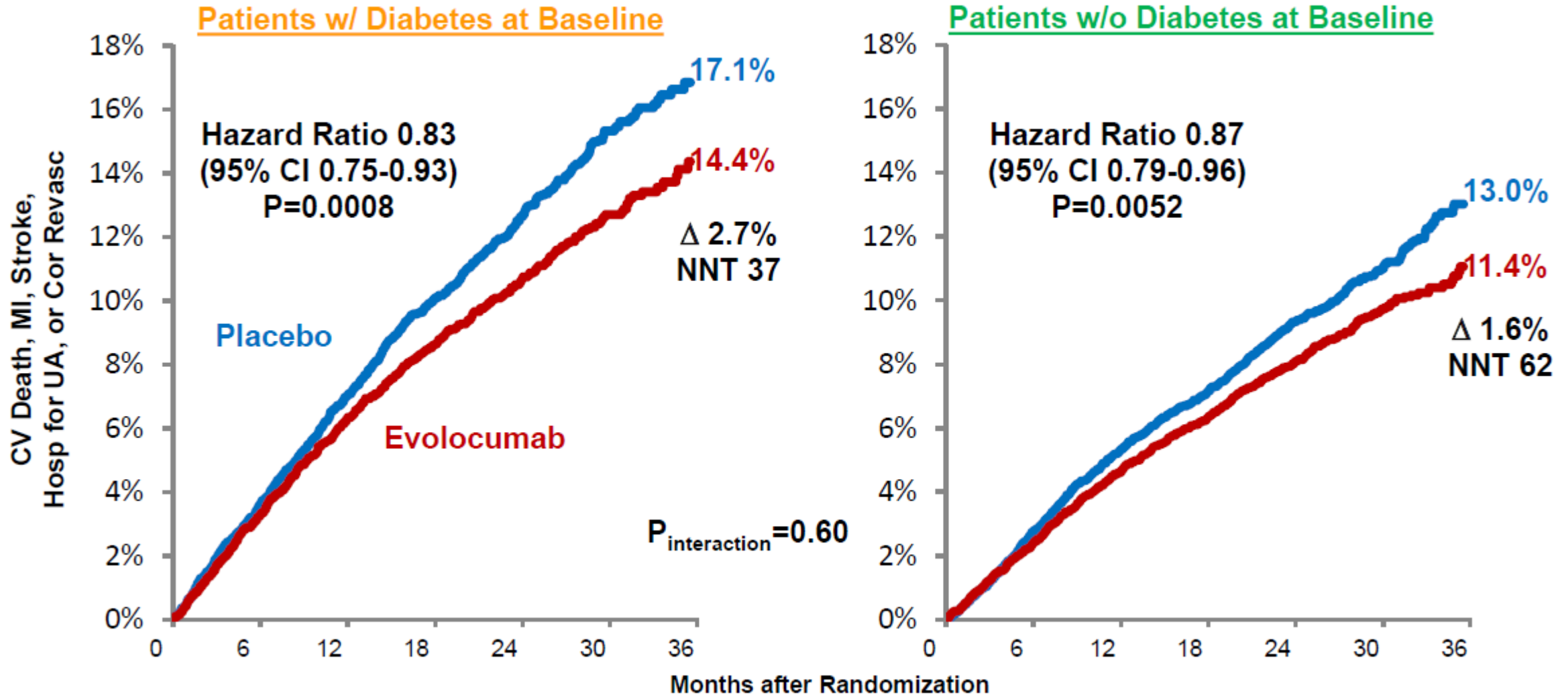
LEADER - Effect of Liraglutide on MACE Endpoint – Polyvascular



- Post hoc analysis
- Stratified according to multiple RF vs established ASCVD
- Established ASCVD further stratified by way of beds involved (1 or >1)



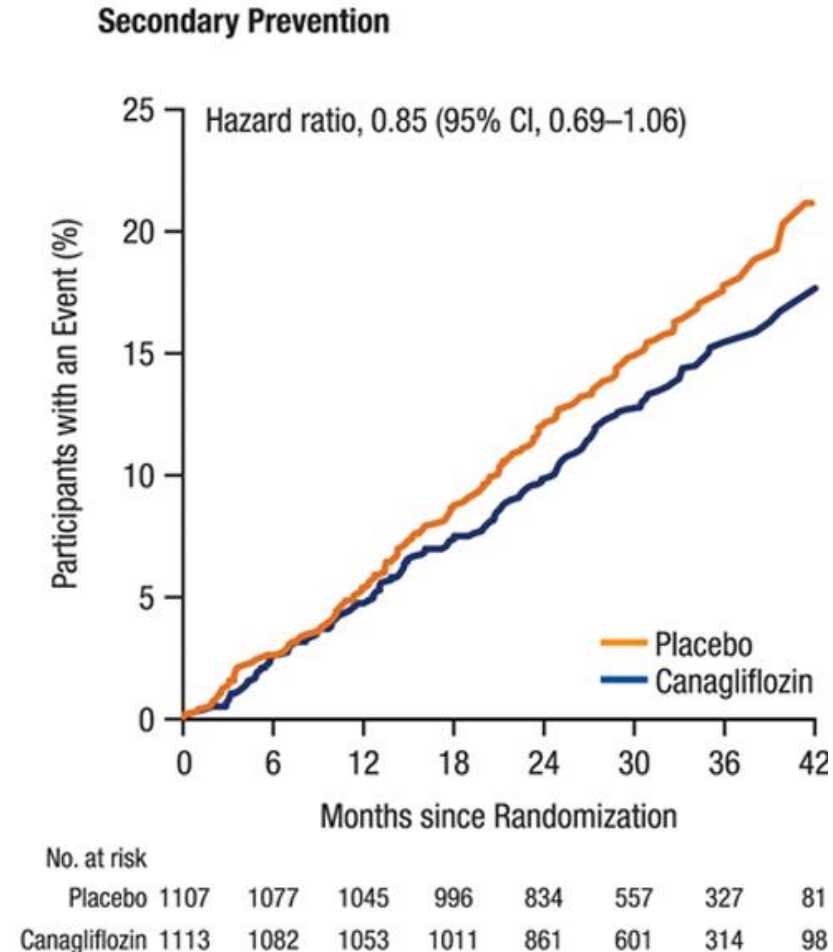
FOURIER - Effect of Evolocumab in ASCVD – DM Subgroup



CREDENCE - Effect of SGLT2i in DM + CKD



- Renal dedicated outcome trial
- 1^o endpoint was combined multiple renal endpoints + CV death
- Secondary endpoint in prespecified hierarchical analysis
 - CV death + hHF
 - CV death/MI/stroke (p=0.01)





Should TG matter in this patient?



Anil Gupta

MD, FRCPC

Staff Cardiologist, Trillium

Health Partners

Lecturer, University of Toronto

Toronto, ON



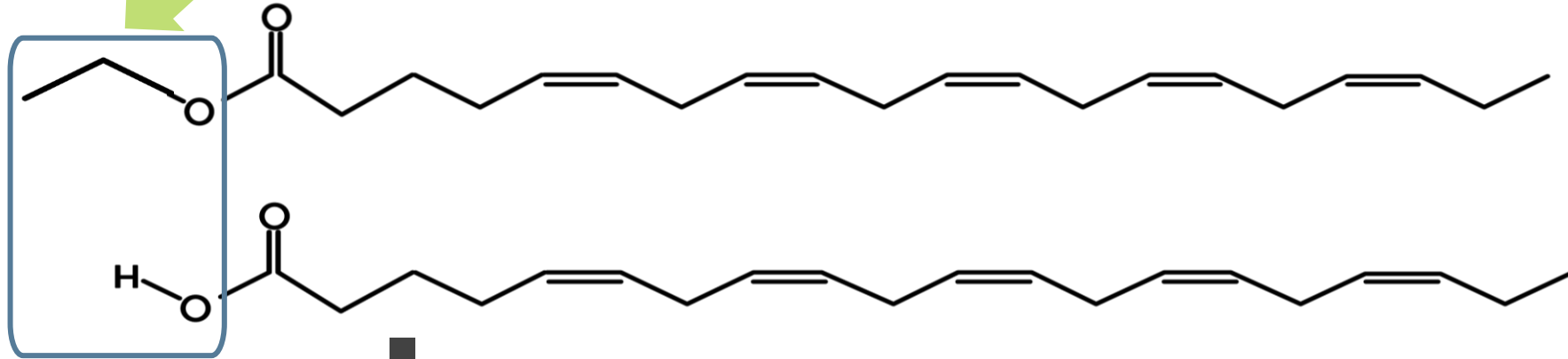
Icosapent Ethyl (IPE): A New Chemical Entity Distinct From EPA and Omega-3 Fatty Acids



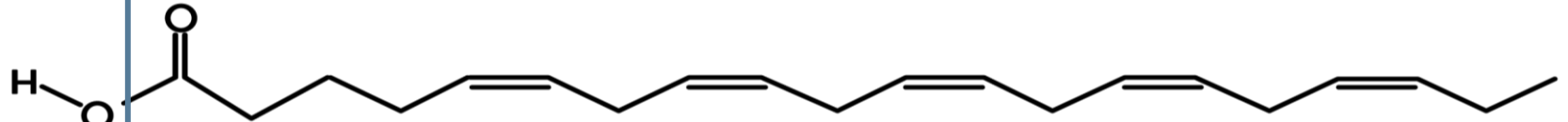
IPE is a new chemical entity,
which is distinct from EPA and
omega-3 fatty acids



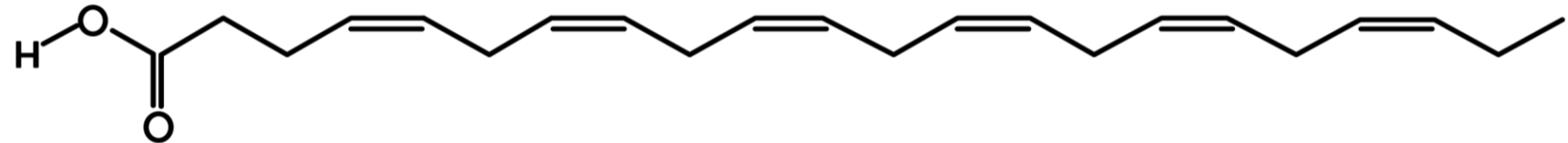
IPE



EPA



DHA



(common fish oil)

Differences of IPE vs. Common Fish Oil



Common Fish Oil (Mixtures of Omega-3 Fatty Acids)



Most fish oil supplements contain DHA

- DHA is an omega-3, which can raise LDL-C



No demonstrated CV benefit in clinical trials

- Not indicated for management of CV risk



Daily dose

- May take up to 10-40 capsules a day to equal the EPA in a daily dose of pure IPE, with an equivalent increase of DHA



Reported to have fishy taste

- May cause fish-smelling burps



Icosapent Ethyl



Stable EPA ethyl ester; no DHA

- Not shown to raise LDL-C



Health Canada-approved

- To reduce the risk of ischemic CV events in statin-treated patient with elevated TGs



Daily dose

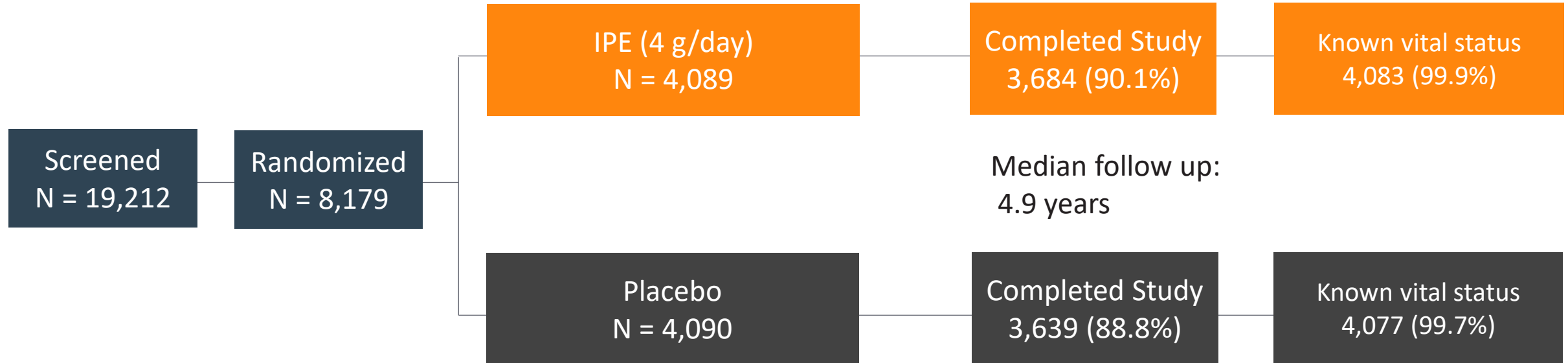
- 4 g/day (2 x 1 g capsules BID)



No reported fishy taste

- No fishy taste or fishy burps taking 4 g/day of pure IPE in a clinical trial

REDUCE-IT: A Multicenter, Randomized, Double-Blinded, Event-Driven, Placebo-Controlled Trial



REDUCE-IT Key Inclusion Criteria



Prevention Cohorts		
Secondary	<p>≥45 years with:</p> <ul style="list-style-type: none">Established CVD (documented CAD, CVD, or PAD)	<ul style="list-style-type: none">Fasting TG Level ≥1.52 mmol/L and <5.63 mmol/L^aLDL-C >1.06 mmol/L and ≤2.59 mmol/L and on stable statin therapy (± ezetimibe) for ≥4 weeks prior to qualifying measurements for randomization
Primary	<p>≥50 years with:</p> <ul style="list-style-type: none">Diabetes≥1 additional risk factor for CVD	

^a Due to the variability of TGs, a 10% allowance existed in the initial protocol, which permitted patients to be enrolled with qualifying TGs ≥1.52 mmol/L. In May 2013, the protocol was amended whereby the acceptable TG range was 1.69 mmol/L to 2.25 mmol/L, with no variability allowance.

PAD: peripheral artery disease.

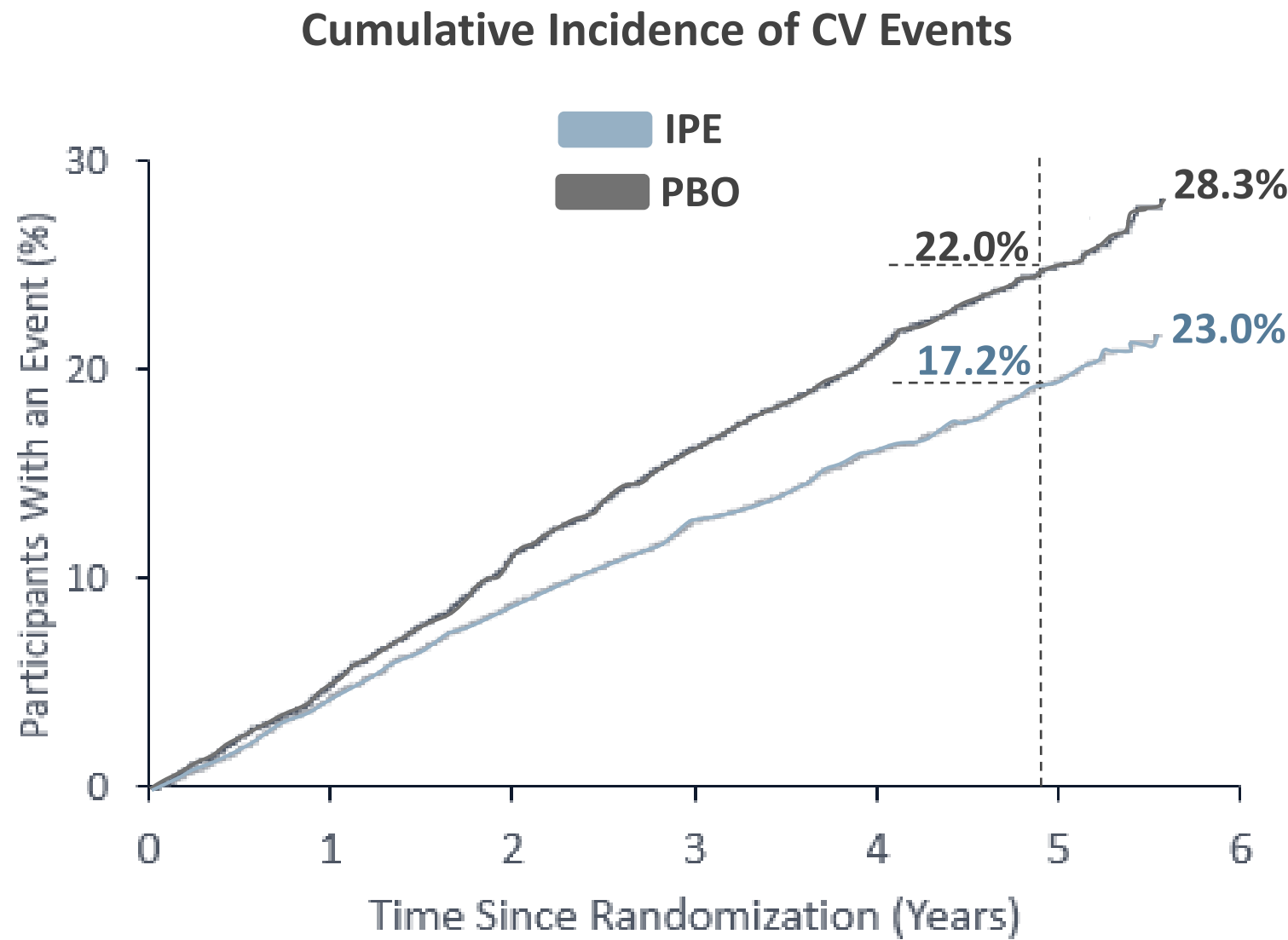
Bhatt DL et al. *N Engl J Med*. 2019;380:11-22.

REDUCE-IT: Key Baseline Characteristics (cont.)



	IPE (n = 4089)	Placebo (n = 4090)
TGs (mmol/L), Median (Q1-Q3)	2.45 (2.0 – 3.07)	2.44 (1.98 – 3.10)
HDL-C (mmol/L), Median (Q1-Q3)	1.03 (0.89 – 1.19)	1.03 (0.91 – 1.19)
LDL-C (mmol/L), Median (Q1-Q3)	1.91 (1.59 – 2.28)	1.97 (1.63 – 2.30)
TG Category, %		
<1.69 mmol/L	10.1	10.5
1.69 to <2.26 mmol/L	29.2	29.1
>2.26 mmol/L	60.7	60.4

REDUCE-IT: Primary Endpoint



Primary Endpoint

5-Point MACE^a

(median follow-up: 4.9 years)

25%

RRR

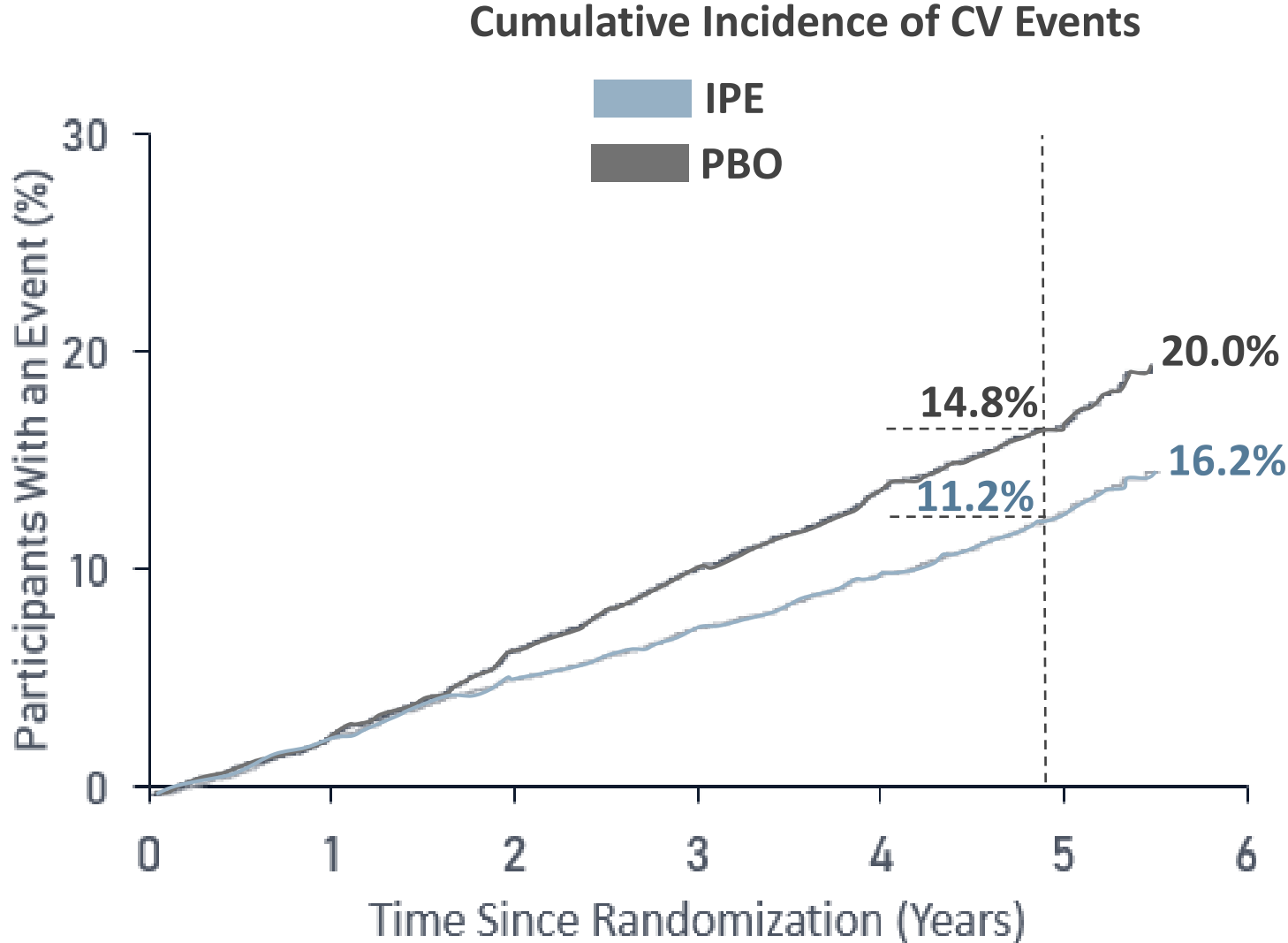
NNT = 21

HR (95% CI): 0.75 (0.68-0.83)

ARR: 4.8%

P = .00000001

REDUCE-IT: Key Secondary Endpoint



Key Secondary Endpoint
3-Point MACE^a
(median follow-up: 4.9 years)

26%
RRR
NNT = 28

HR (95% CI): 0.74 (0.65-0.83)
ARR: 3.6%
P = .0000006

^a CV death, nonfatal MI, nonfatal stroke.
Adapted from Bhatt DL et al. *N Engl J Med.* 2019;380:11-22.



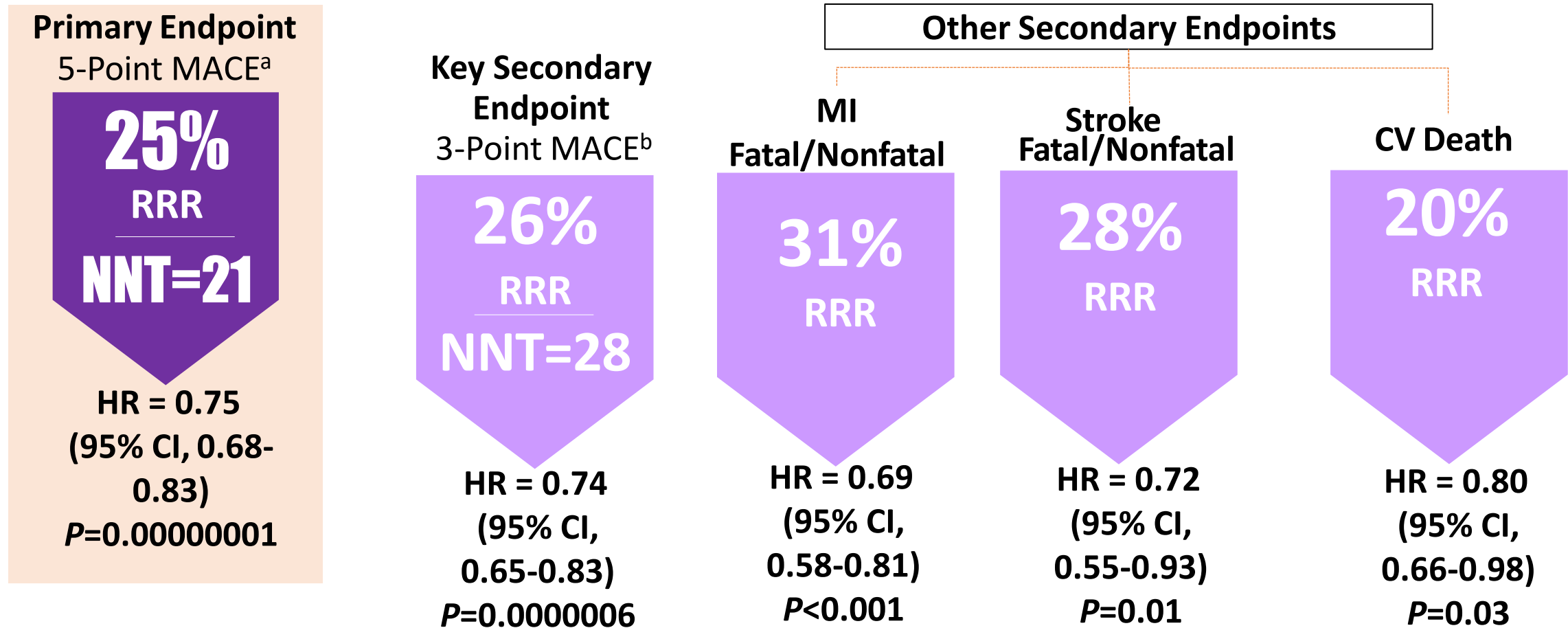
REDUCE-IT: Adverse Events

Most Frequent Treatment-Emergent AEs ≥5% in Either Treatment Group	IPE, % (N = 4089)	Placebo, % (N = 4090)	<i>P</i>
Diarrhea	9.0	11.1	0.002
Peripheral edema	6.5	5.0	0.002
Constipation	5.4	3.6	<0.001
Atrial fibrillation	5.3	3.9	0.003
Anemia	4.7	5.8	0.03
Adjudicated Events Hospitalization for Atrial Fibrillation or Atrial Flutter	IPE, % (N = 4089)	Placebo, % (N = 4090)	<i>P</i>
Positively Adjudicated Atrial Fibrillation/Flutter ^a	3.1	2.1	0.004



Summary (cont.)

Icosapent Ethyl met the 3-Point MACE Key Secondary Endpoint



^a Nonfatal MI, nonfatal stroke, CV death, coronary revascularization, or UA requiring hospitalization. ^b nonfatal MI, nonfatal stroke, or CV death.

Bhatt DL et al. *N Engl J Med*. 2019;380:11-22.



What are the various pharmacological choices available for Mr. RJ?



Claudia Bucci

PharmD

CV Pharmacist

Sunnybrook Health Sciences Centre

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Toronto, ON



Case Presentation: Mr. RJ



- Mr. RJ 67-year-old retired fireman
- PMHx
 - Type 2 diabetes X 8 years
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Therapies for CV Risk Reduction



LIFESTYLE

- Smoking Cessation
- Blood Pressure
- Exercise
- Diet
- Weight Reduction

LIPIDS

- High Dose Statins
- Ezetimibe (*IMPROVE-IT*)
- PCSK9 Inhibitors (*FOURIER, ODYSSEY*)
- IPE (*REDUCE-IT*)

GLUCOSE-LOWERING

- SGLT-2 Inhibitors (*EMPAREG, CANVAS*)
- GLP-1 Agonists (*LEADER, SUSTAIN*)

ANTITHROMBOTIC

- Ticagrelor (*PLATO*)
- Long-Term DAPT (*PEGASUS*)
- Low Dose Rivaroxaban (*COMPASS*)

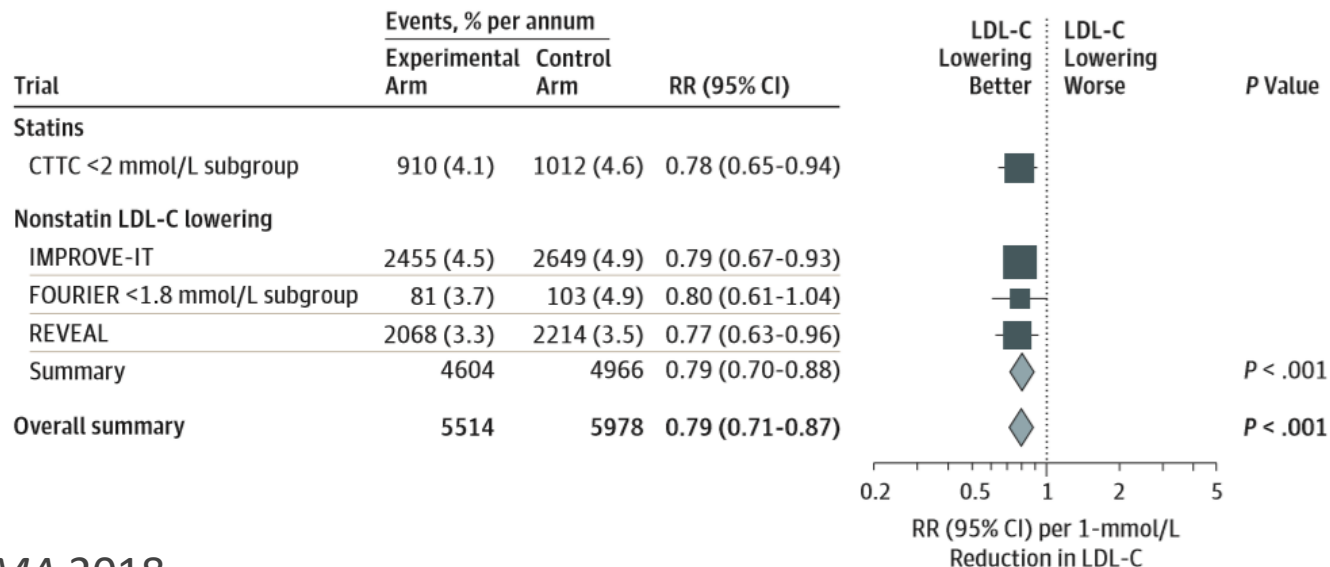


LDL Lowering

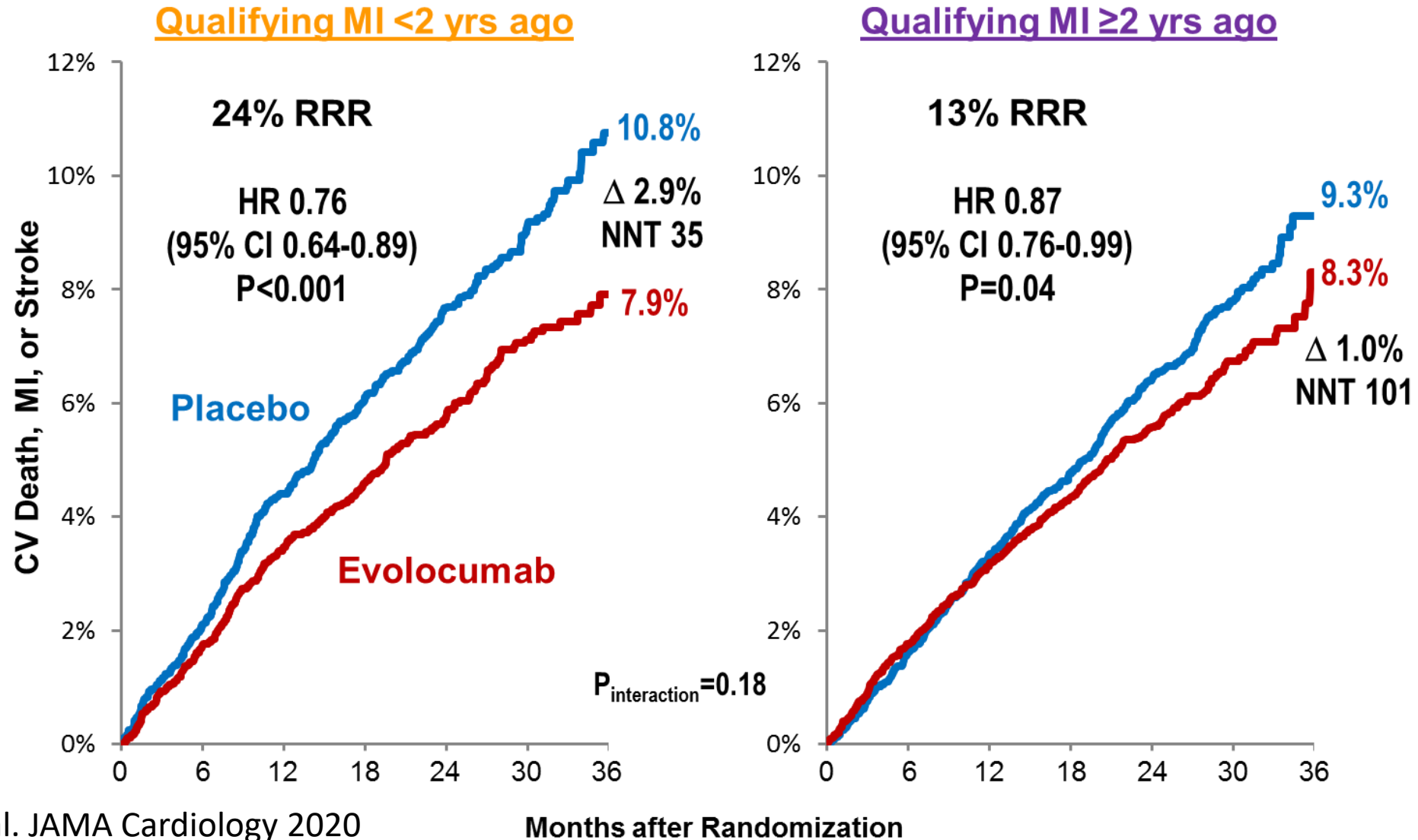


- Aggressive LDL lowering is beneficial, *especially* in high risk patients
 - **Canadian Lipid Guidelines (2016)** recommend LDL < 2mmol/L or 50% lowering (Consider LDL <1.8mmol/L in patients with recent ACS)
 - **ESC Lipid Guidelines (2019) Guidelines** recommend LDL < 1.4 mmol/L and 50% lowering in very high risk patients

A Meta-analysis of effect of 1-mmol/L LDL-C lowering on the risk of major vascular events



Benefit of EvoMab Based on Time from Qualifying MI



Glucose-Lowering Therapies: MACE



GLP-1 AGONISTS

	GLP-1 receptor agonist n/N (%)	Placebo n/N (%)		Hazard ratio (95% CI)	NNT (95% CI)	p value
Three-component MACE						
ELIXA	400/3034 (13%)	392/3034 (13%)		1.02 (0.89–1.17)		0.78
LEADER	608/4668 (13%)	694/4672 (15%)		0.87 (0.78–0.97)		0.015
SUSTAIN-6	108/1648 (7%)	146/1649 (9%)		0.74 (0.58–0.95)		0.016
EXSCEL	839/7356 (11%)	905/7396 (12%)		0.91 (0.83–1.00)		0.061
Harmony Outcomes	338/4731 (7%)	428/4732 (9%)		0.78 (0.68–0.90)		<0.001
REWIND	594/4949 (12%)	663/4952 (13%)		0.88 (0.79–0.99)		0.026
PIONEER 6	61/1591 (4%)	76/1592 (5%)		0.79 (0.57–1.11)		0.17
Overall (<i>P</i> =40.9%, <i>p</i> =0.118)	2948/27977 (11%)	3304/28027 (12%)		0.88 (0.82–0.94)	75 (50–151)	<0.001

SGLT2 INHIBITORS

	Patients		Events	Events per 1000 patient-years		Weight (%)	HR	HR (95% CI)
	Treatment (n)	Placebo (n)		Treatment	Placebo			
Patients with atherosclerotic cardiovascular disease								
EMPA-REG OUTCOME	4687	2333	772	37.4	43.9	29.4		0.86 (0.74–0.99)
CANVAS Program	3756	2900	796	34.1	41.3	32.4		0.82 (0.72–0.95)
DECLARE-TIMI 58	3474	3500	1020	36.8	41.0	38.2		0.90 (0.79–1.02)
Fixed effects model for atherosclerotic cardiovascular disease (p=0.0002)								0.86 (0.80–0.93)

Glucose-Lowering Therapies



SGLT2 Inhibitors (oral)

2-3kg weight loss

BP reduction

Monitor eGFR

Sick day management

Mycotic genital infections

Rare: DKA (<0.1%), lower limb amputation (canagliflozin)

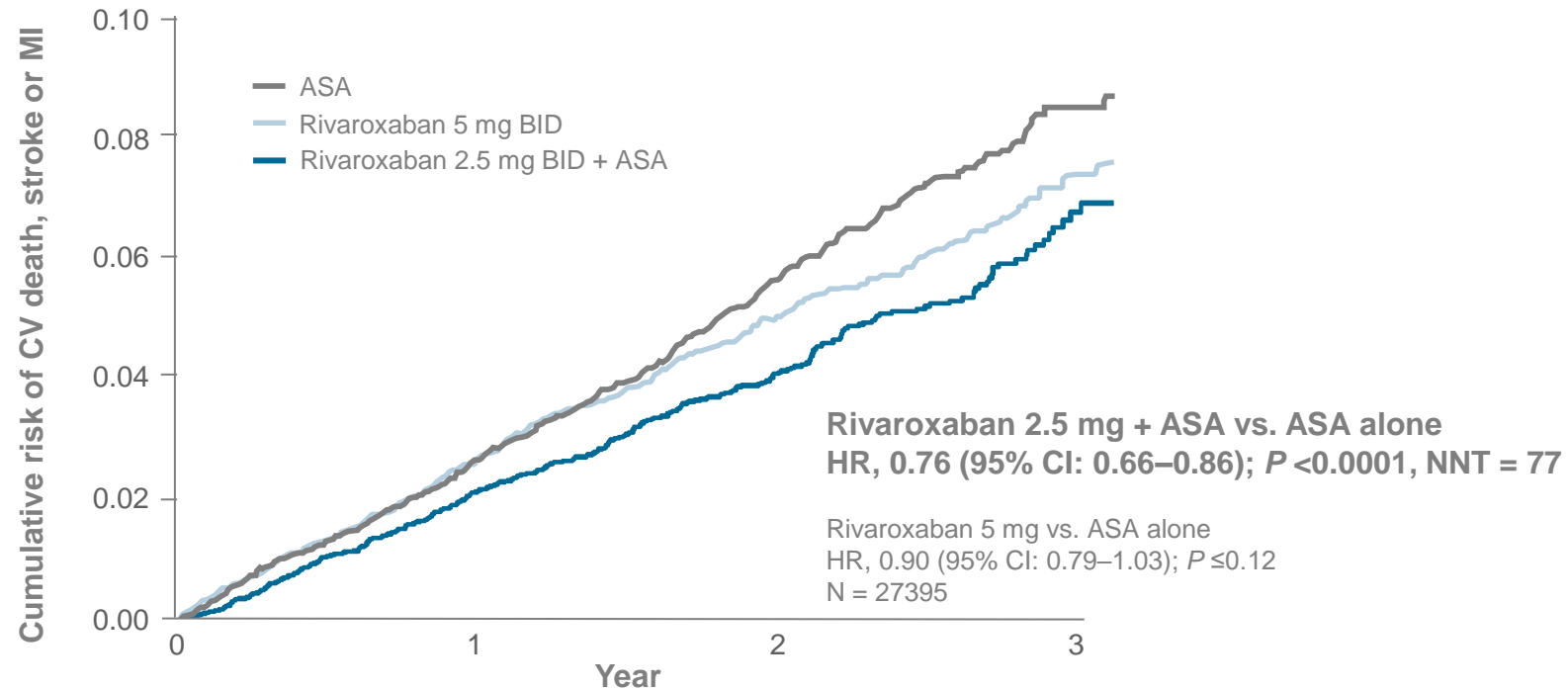
GLP-1 Agonists (subcutaneous injections & oral semaglutide)

1.5-3kg weight loss

Nausea, vomiting, diarrhea (rare)

Rare: gallstone disease, higher rate of retinopathy (semaglutide)

COMPASS Trial: CV Death, Stroke, MI



Vascular dose rivaroxaban 2.5 mg BID + ASA significantly reduced composite primary endpoint vs. ASA alone in patients with stable atherosclerotic vascular disease



- Reduction in CV death, MI, stroke
- Increase in major bleeding without an increase in fatal, intracranial or critical organ bleeding
- Particularly beneficial if the bleeding risk is low

Efficacy and Safety - Back to the Case...



- Increase the dose of statin, add ezetimibe if required, start IPE 2g twice daily
- Continue metformin, stop sitagliptin and add either an SGLT2 inhibitor or a GLP1 agonist
 - Remember sick day management and look at the eGFR
- Consider adding rivaroxaban 2.5mg bid to ASA given favourable risk/benefit profile





The ISCHEMIA trial – why is it particularly relevant today?

Anil Gupta

MD, FRCPC

Staff Cardiologist, Trillium Health Partners

Lecturer, University of Toronto

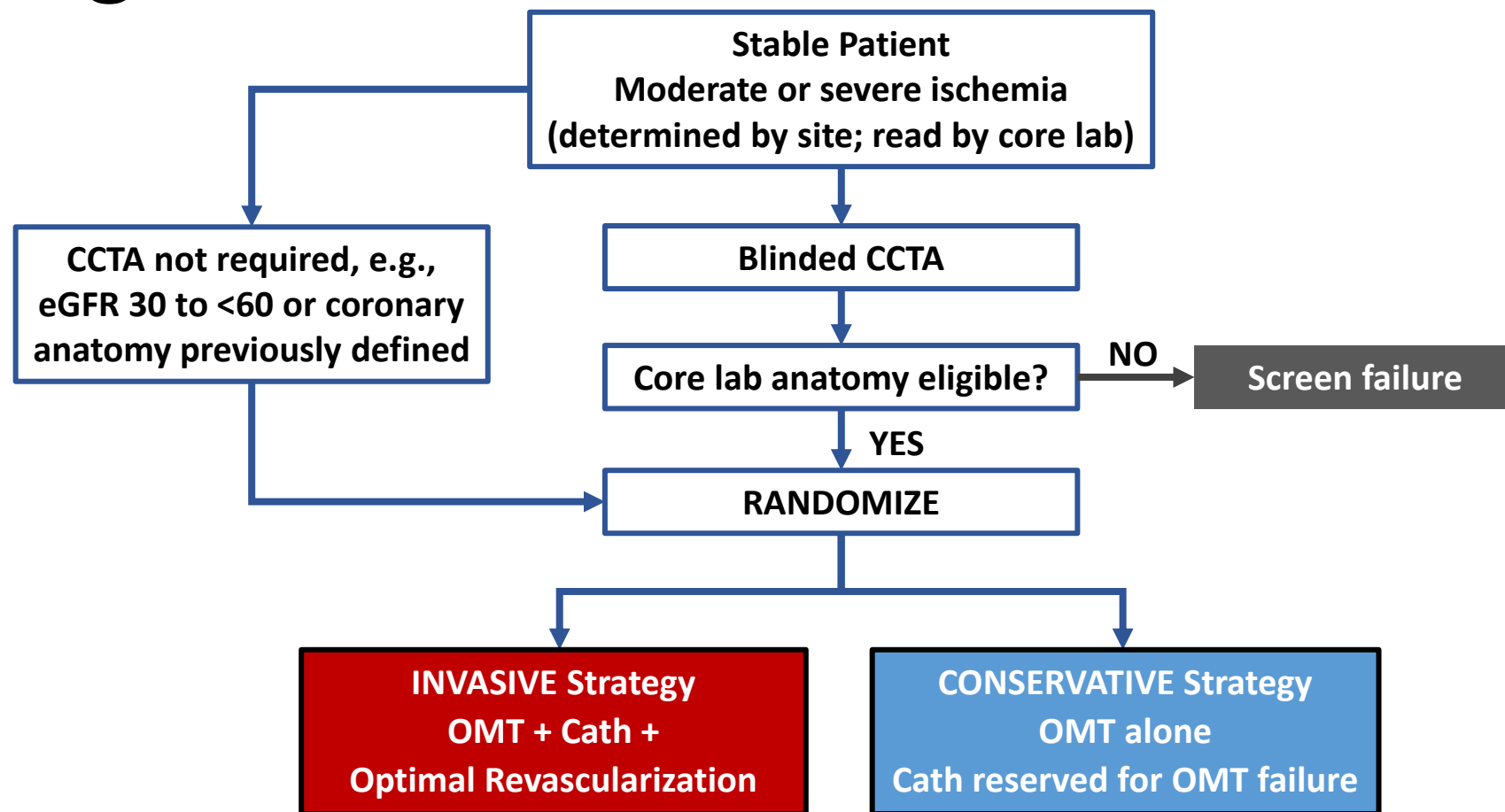
Toronto, ON



ISCHEMIA Research Question

- In stable patients with at least moderate ischemia on a stress test, is there a benefit to adding cardiac catheterization and, if feasible, revascularization to optimal medical therapy?

Study Design



Eligibility Criteria

Clinical and Stress Test Eligibility Criteria

Inclusion Criteria

- Age ≥ 21 years
- Moderate or severe ischemia*

Major Exclusion Criteria

- NYHA Class III-IV HF
- Unacceptable angina despite medical therapy
- EF < 35%
- ACS within 2 months
- PCI or CABG within 1 year
- eGFR < 30 mL/min or on dialysis

CCTA Eligibility Criteria

Inclusion Criteria

- $\geq 50\%$ stenosis in a major epicardial vessel (stress imaging participants)
- $\geq 70\%$ stenosis in a proximal or mid vessel (ETT participants)

Major Exclusion Criteria

- $\geq 50\%$ stenosis in unprotected left main



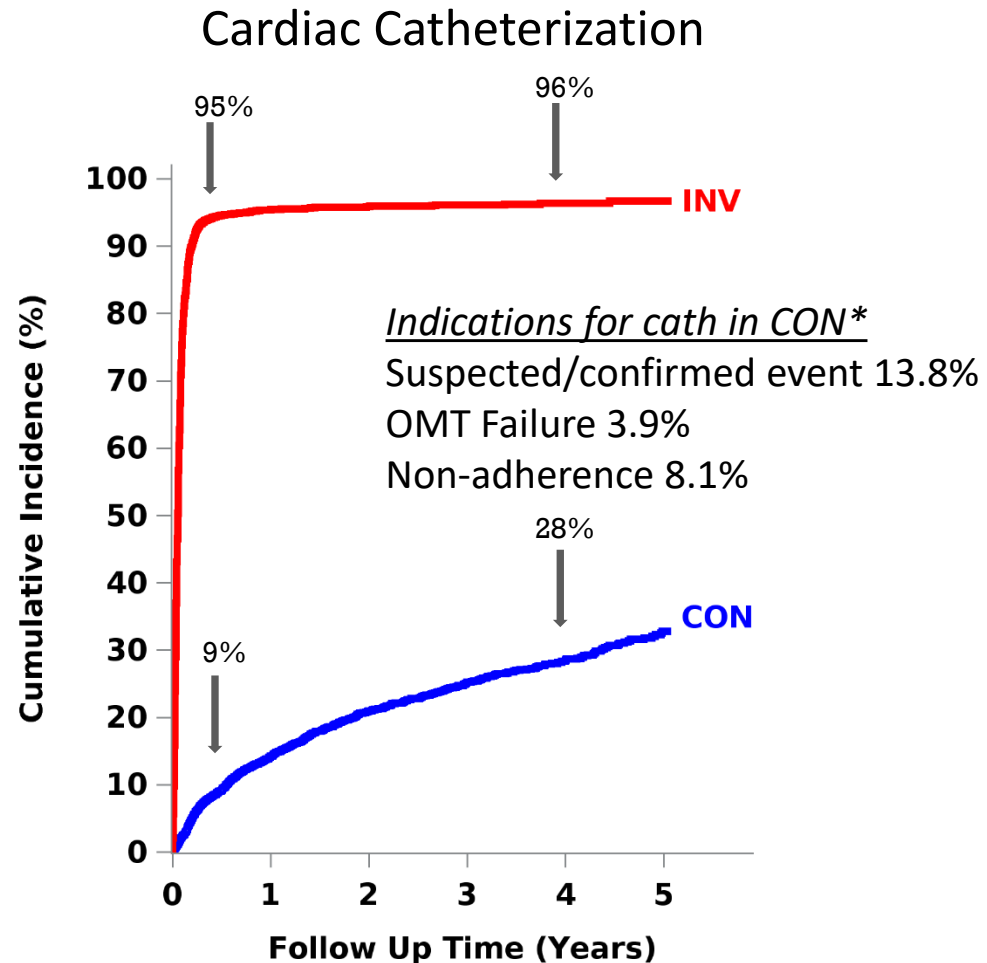
**Ischemia eligibility determined by sites. All stress tests interpreted at core labs.*

Baseline Characteristics

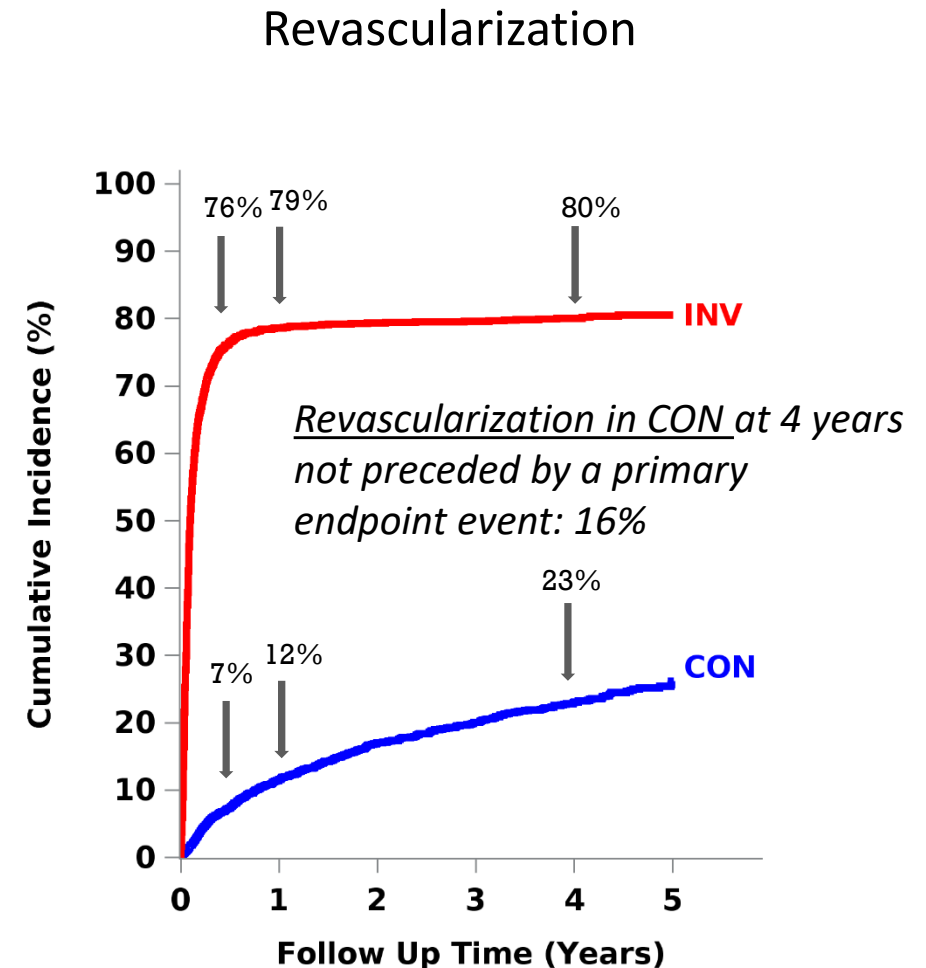
Characteristic	Total	INV	CON
Clinical			
Age at Enrollment (yrs.)			
Median	64 (58, 70)	64 (58, 70)	64 (58, 70)
Female Sex (%)	23	23	22
Hypertension (%)	73	73	73
Diabetes (%)	42	41	42
Prior Myocardial Infarction (%)	19	19	19
Ejection Fraction, Median (%) (n=4637)	60 (55, 65)	60 (55, 65)	60 (55, 65)
Systolic Blood Pressure, Median (mmHg)	130 (120, 142)	130 (120, 142)	130 (120, 142)
Diastolic Blood Pressure, Median (mmHg)	77 (70, 81)	77 (70, 81)	77 (70, 81)
LDL Cholesterol, Median (mg/dL)	83 (63, 111)	83 (63, 111)	83 (63, 109.5)
History of Angina	90%	90%	89%
Angina Began or Became More Frequent Over the Past 3 Months	29%	29%	29%
Stress Test Modality			
Stress Imaging (%)	75	75	76
Exercise Tolerance Test (ETT) (%)	25	25	24

Median values reported with 25th and 75th percentiles

Cardiac Catheterization and Revascularization



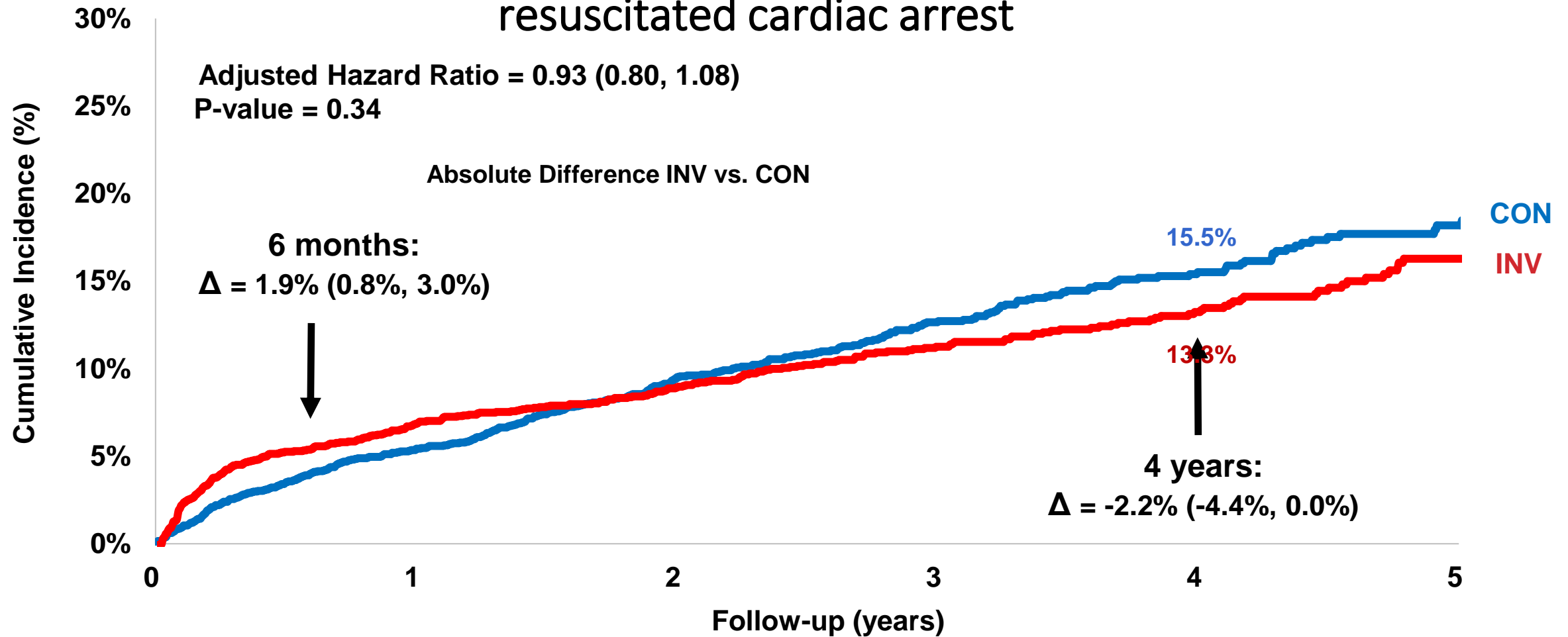
CON 2591 2186 1646 1087 601 232
INV 2588 111 79 50 20 4



CON 2591 2250 1721 1157 642 254
INV 2588 523 410 289 155 54

*Indications for Cath are percentages of CON patients whereas cumulative event rate shown at 4 years reflects censoring and the rate at that time point.

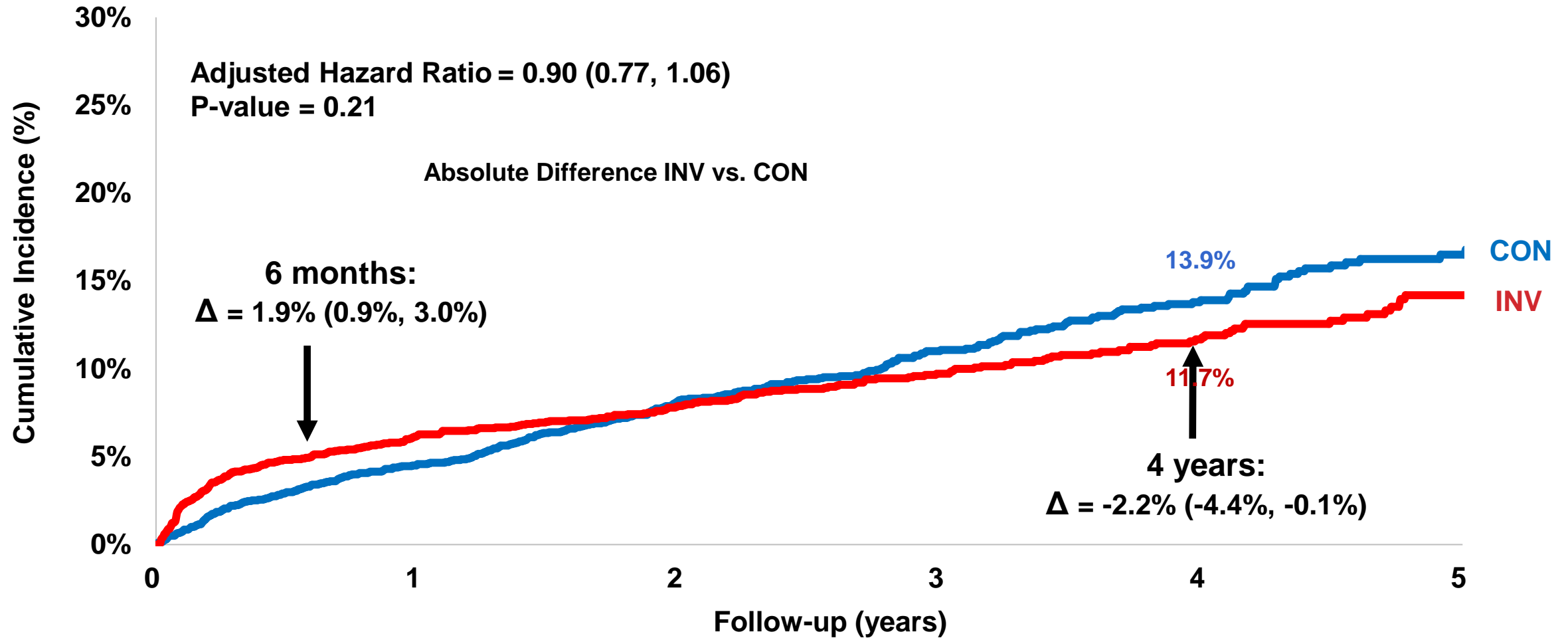
Primary Outcome: CV Death, MI, hospitalization for UA, HF or resuscitated cardiac arrest



Subjects at Risk

CON	2591	2431	1907	1300	733	293
INV	2588	2364	1908	1291	730	271

Major Secondary: CV Death or MI



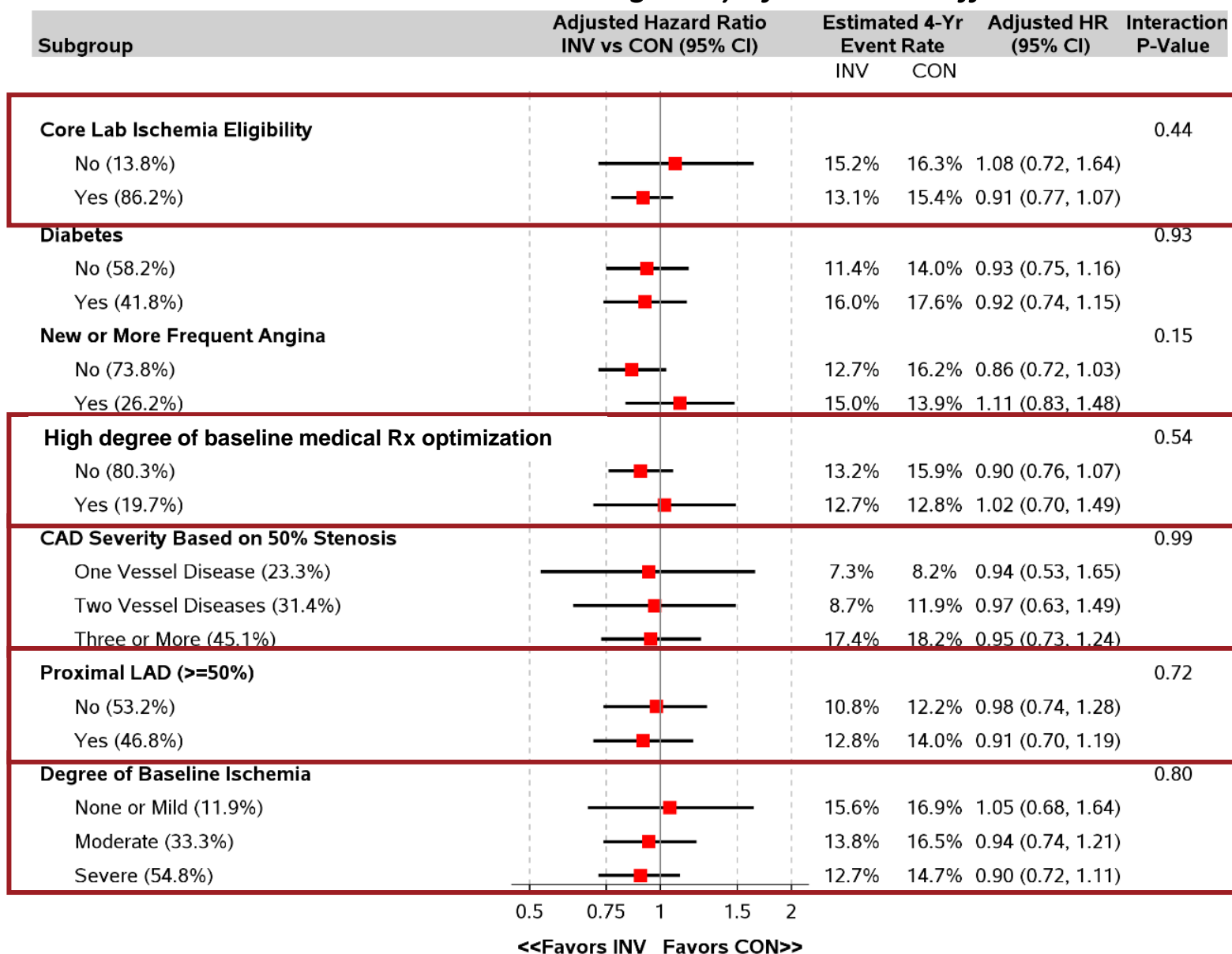
Subjects at Risk

CON	2591	2453	1933	1325	746	298
INV	2588	2383	1933	1314	752	282

Primary endpoint

Pre-specified Important Subgroups

There was no heterogeneity of treatment effect



N=3739 for Prox LAD Y/N

N=2982 for # diseased vessels

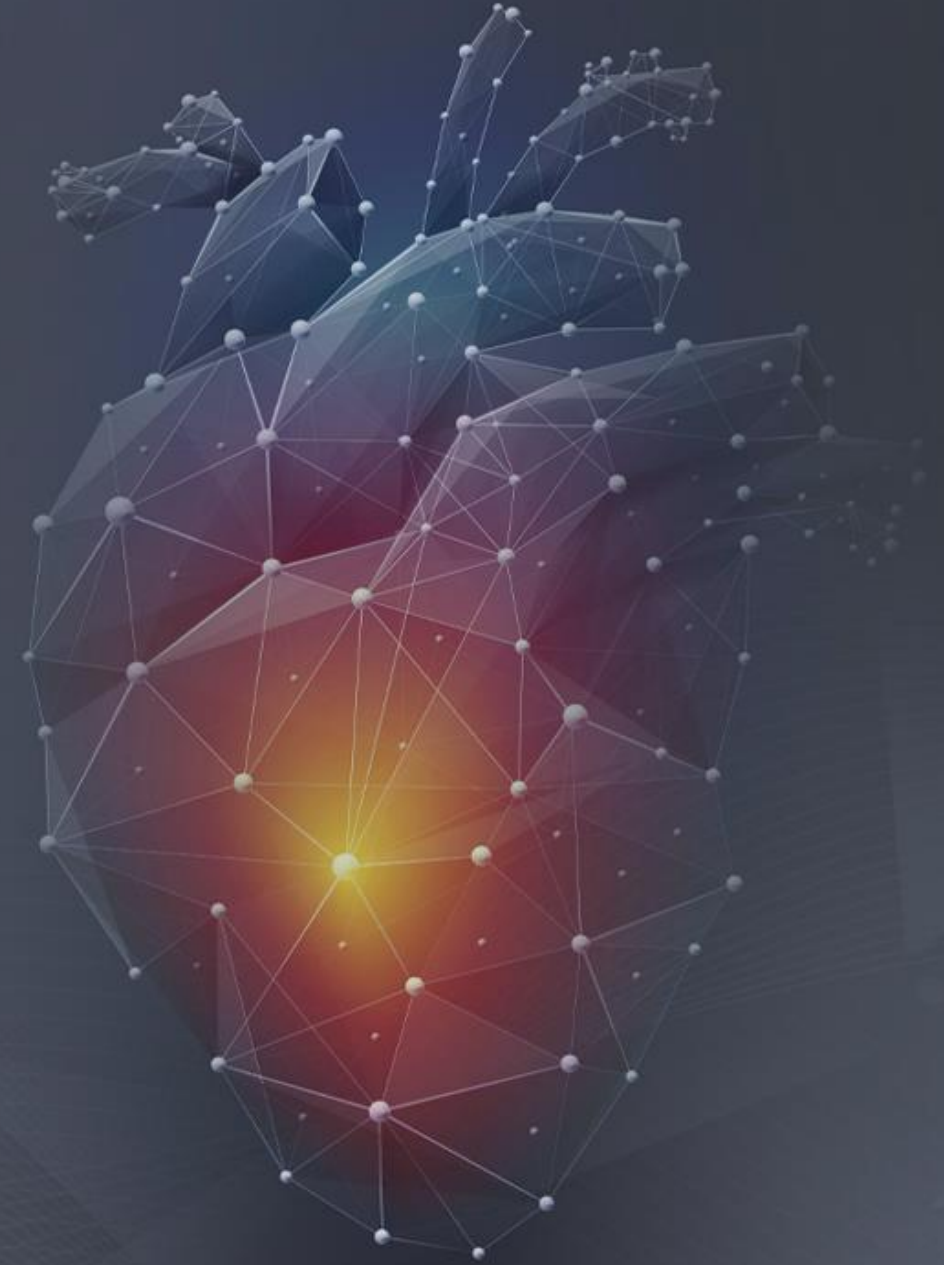


Conclusions

- ISCHEMIA is the largest trial of an invasive vs conservative strategy for patients with SIHD
- Overall, an initial INV strategy as compared with an initial CON strategy did not demonstrate a reduced risk over median 3.3 years for
 - Primary endpoint - CV death, MI, hospitalization for UA, HF, RCA
 - Major Secondary endpoint - CV death or MI



COVID-19: Patient Reengagement





Given the circumstances surrounding COVID-19,
how do we start reengaging our patients?

Richard Choi

MD, FRCPC

Cardiologist, St. Joseph's Health Centre,
Unity Health Toronto

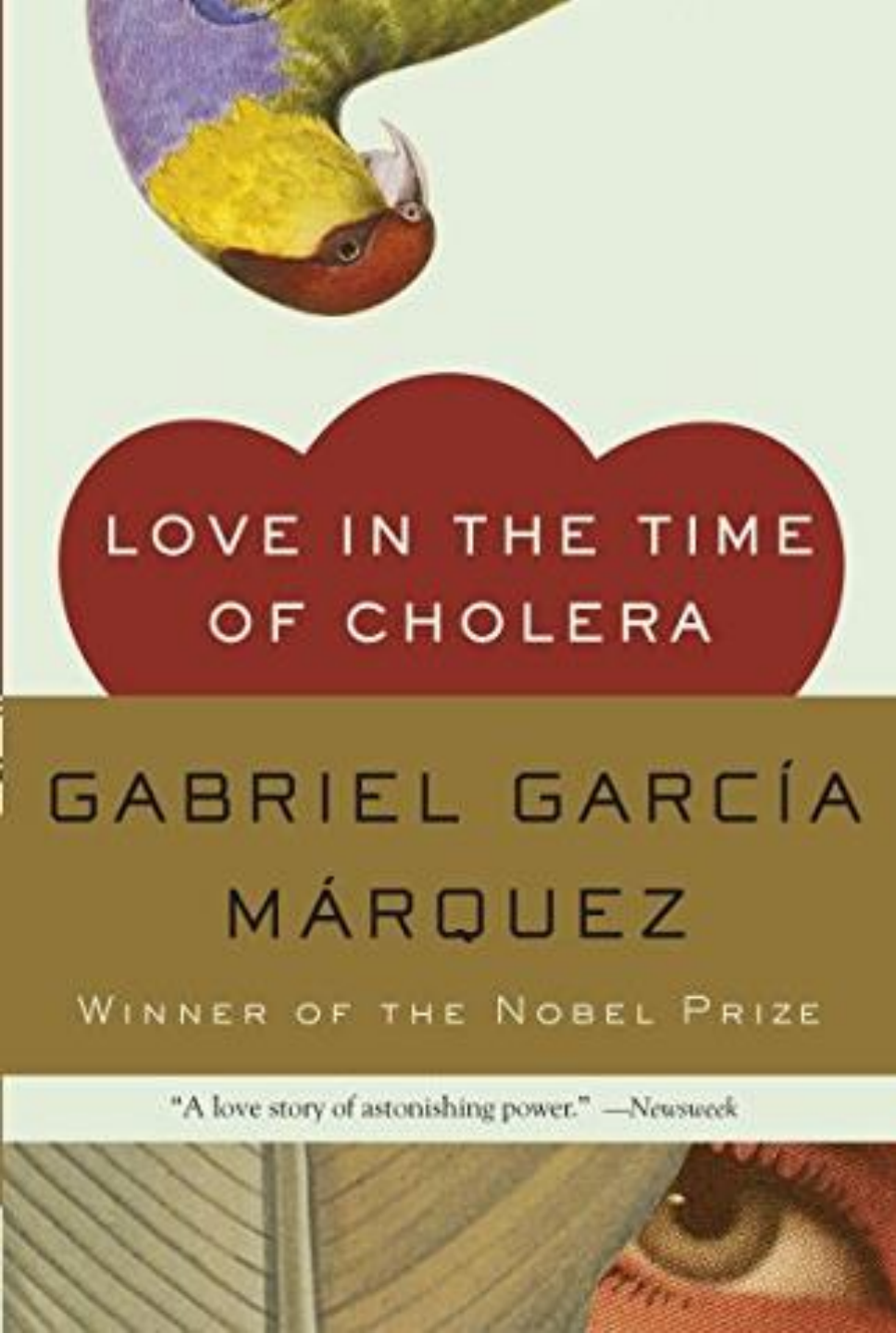
Lecturer, Department of Medicine,
University of Toronto
Toronto, ON



CV Risk Reduction

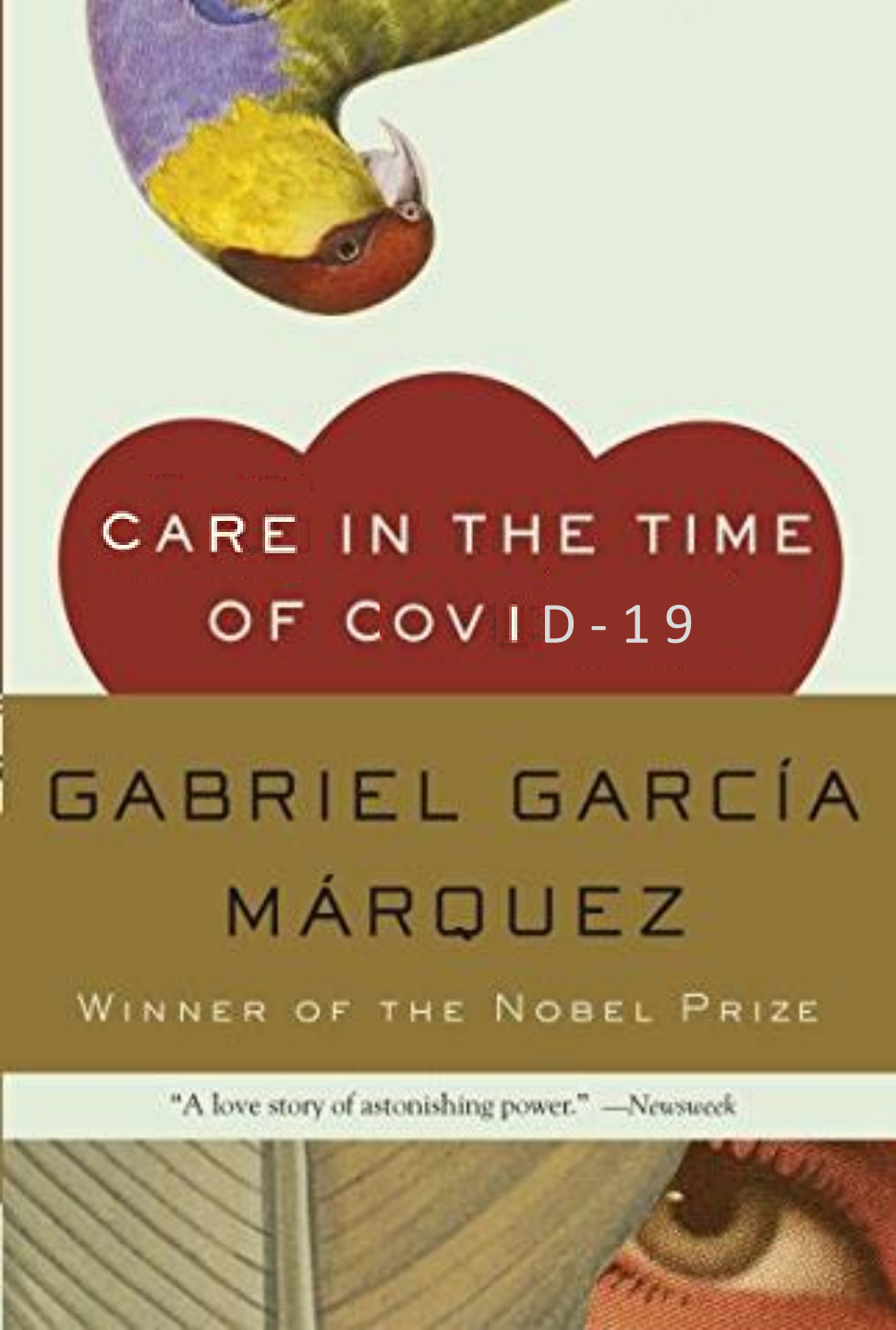


- How do we reengage and provide CV care?





CV Risk Reduction



- How do we reengage and provide CV care?
- Heart failure has been the most difficult
 - Decompensated HF best evaluated in person
 - BP, HR and labs guide decision making and prognosis altering therapies
- CAD – symptom based decision making on medical vs cath guided therapy is viable option
- Lipids – low risk proposition if labs available
- Arrhythmias – remote rhythm monitoring
- Hypertension – home monitoring
- DM and CV risk – counselling for SGLT2/GLP-1

Claudia Bucci

PharmD

CV Pharmacist

Sunnybrook Health Sciences Centre

Toronto, ON



Learnings From COVID-19 and Where We Go From Here



- New therapies have been shown to lower CV risk
- There is increasing comfort using technology in patient populations
- Virtual care can be used to optimize the use of guideline-based therapies – for both initiation and monitoring

Anil Gupta

MD, FRCPC

Staff Cardiologist, Trillium Health Partners

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Q&A



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